

LAB FINDINGS AND IMAGING CHECKLIST

Before embarking on an initial consultation for a Personalized Program, please gather the following required documents and **email results to** <u>SarahPWilde@protonmail.com</u>

- Labs as recent as the last 4-6 weeks must include the following:
 - CMP (Comprehensive Metabolic Profile)
 - o TSH (Thyroid Stimulating Hormone)
 - o FT3 (Free T3)
 - o FT4 (Free T4)
 - o Iron Panel
 - Cholesterol or Lipid Panel
 - o LDH
 - CRP (C-Reactive Protein)
 - o Ferritin
 - o Vitamin B12
 - o Vitamin D3
 - CBC (Complete Blood Count)
 - Urinalysis (with reflex to Microscopic Exam)
 - If your diagnosis is an autoimmune condition, please include
 Markers for autoantibodies specific to your diagnosis
 - If your diagnosis is cancer, include only your specific tumor markers (such as AFP, Beta 2 Microglobulin, CEA, CA 125, CA 15-3, CA 19-9, Calcitonin, PSA etc. If you are uncertain of what this may be for your condition, please email Dr. Wilde to confirm)
- **Diagnostic Findings:** please include electronic copies or photos of your diagnostic report from **initial discovery (and if applicable, the most recent update)**
 - Written Imaging Findings and Impressions (no slides or images)
 - Surgical Pathology Report
 - Biopsy Report

If you <u>do not</u> have a participating physician to order your labs, please contact Dr. Wilde for a self-pay option. This may be \$150-350 depending on your current health status.